



Emergency Braking

- Start between the cones with your front tire
- Complete the move off
- Get to speed and hold it there
- Go past the next set of cones before applying your brakes
- Keeping your eyes up and tapping down on the shifter, apply both brakes and come to a controlled stop before the row of five cones

Dimensions for 20 km/h

- Distance from START to BRAKE is 86 feet
- Distance from BRAKE to [X] is 14 feet

Dimensions for 40 km/h

- Double the above dimensions when doing this at 40 km/h